

AUG Breakfast

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 Daily: Asst cereal Benefit bar Yogurt parfait	7 No School	8 No School	9 French Toast sticks w/ fresh blueberries and syrup fresh apple	10 Muffin Applesauce cup, Fresh orange	11 Breakfast burrito Fresh strawberries, fresh nectarine	12 Milk-1% white milk and non-fat chocolate are offered daily.
13	14 Pancake Bites w/fresh strawberries and syrup Fresh peach	15 Chicken sausage and waffle sand Fresh apple, frozen strawberry cup	16 Cinnamon loaf fresh blueberries fresh apple	17 Muffin Applesauce cup, Fresh orange	18 Breakfast burrito Fresh strawberries, fresh nectarine	19 Hydration stations are located in all cafeterias at no charge.
20	21 Cereal blaster waffle Fresh strawberries and peach	22 Fresh baked cinnamon roll Fresh apple, orange segments	23 French Toast sticks w/ fresh blueberries and syrup fresh apple	24 Muffin Applesauce cup, Fresh orange	25 Breakfast burrito Fresh strawberries, fresh nectarine	26 All grains served are whole grain-rich (51% or more of the grain in whole grain, the remaining grain is enriched.).
27	28 Pancake Bites w/fresh strawberries and syrup Fresh peach	29 Chicken sausage and waffle sand Fresh apple, frozen strawberry cup	30 Cinnamon loaf fresh blueberries fresh apple	31 Muffin Applesauce cup, Fresh orange		